

INTERNATIONAL SELKIRK LOOP – 10 DAY -CYCLING TOUR

Includes main Loop route plus the spectacular “North Kootenay Lake-Silvery Slocan” Super Side Trip. 400 miles.

Itinerary with Camping (all have showers) – If you prefer lodging each night, refer to the Selkirk Loop’s Travel Guide.

Day 1 – Arrive Sandpoint ID. Most hotels are cyclist friendly, affordable and a good place to start and end your ride. They are agreeable to keep your car while on tour and some will also receive your bike and store your box if you ship.

<http://www.selkirkloop.org/index.php/travel/cities/idaho/sandpoint.html>

Greasy Fingers is a good bike shop – you will also be able to ship your bike to this shop.

<http://selkirkloop.org/index.php/travel/cities/idaho/sandpoint/greasy-fingers-bikes-n-repair.html>

Day 2 – Bonners Ferry, ID. Idaho Lodge & RV Park – 208-267-7915. Safeway Store directly across the highway. Grass campsites for cyclists with picnic tables. Main, historic downtown is 2 miles north. Or free camping for cyclists at Fairgrounds – two blocks from downtown (follow signs to Kootenai National Wildlife Refuge). Restaurants downtown. Downside is no showers, but public restrooms available.

Day 3 – Creston, BC. Scotties RV Park has a quiet grassy area for cyclists. Directly across from Columbia Brewery! Take a tour and get a free beer.

<http://www.selkirkloop.org/index.php/travel/cities/british-columbia/creston/scottie%27s-rv-park-and-campground.html>

Day 4 - Crawford Bay, BC Kokanee Chalets and RV Park – just a half mile south from the “Artisans of Crawford Bay” a fun place to explore and watch artisans make their wares.

<http://www.selkirkloop.org/index.php/travel/cities/british-columbia/crawford-bay/kokanee-chalets-cabins-rv-park-and-campground.html>

Ride North America’s longest “free ferry”, a 45-minute ride from Kootenay Bay to Balfour across Kootenay Lake (you have to ride the ferry – it’s part of the highway system).

There is a fabulous Hot Springs about 6-miles north from the ferry landing at Balfour.

<http://www.selkirkloop.org/index.php/travel/cities/british-columbia/ainsworth-hot-springs/ainsworth-hot-springs-resort.html> Unique hot caves and 3 outdoor pools.

Day 5 - Kaslo, BC – Kaslo Municipal Campground – a beautiful setting right at the edge of town. Contact Trish Bennett at kaslocampground@yahoo.ca and by phone at (250) 353-2662. Take a tour of the SS Moyie, a restored paddle wheeler.

Day 6 - New Denver, BC- Municipal Campground in Centennial Park – along Slocan lake. Interesting tour of Nikkei Internment Centre nearby. Take Galina Bike trail into town from Sandon Ghost Town turnoff. 250 358-2316

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Day 7- Nelson, BC – Municipal Campground blocks from downtown. Coin-op washer/dryers, covered picnic area with sink area and plug ins. 250 352-7618

There are also a hostel in downtown Nelson if you want a roof over your head.

Dancing Bear Inn: <http://www.selkirkloop.org/index.php/travel/cities/british-columbia/nelson/dancing-bear-inn.html>

Day 8- Metaline or Ione, WA- Two exceptional cyclists campgrounds. Ione is 9 miles further. Metaline – Mt. Linton RV & Campground:

<http://www.selkirkloop.org/index.php/travel/cities/washington/metaline/mt.-linton-rv-and-trailer-park.html> Café across the street – groceries 3 miles back in Metaline Falls

Ione – Cedar Park RV & Campground:

<http://www.selkirkloop.org/index.php/travel/cities/washington/ione/cedar-rv-park-and-cedar-chest-gift-shop.html> Groceries 2 blocks away.

Upon leaving Ione, cross over the Pend Oreille River (left at Sportsman's access) and follow LeClerc Rd all the way to Newport. A quieter, safer paved route. There is a USFS CG near the Newport end on LeClerc Rd called Pioneer Park CG. Vault toilets, no showers but you are on the river. Pick up supplies in USK.

Day 9- Newport, WA – K/M Resorts-Old American Kampground- walk to downtown, Safeway across the highway. <http://www.selkirkloop.org/index.php/travel/cities/washington/newport/k-%10-m-resorts-old-american-kampground.html>

Day 10- Sandpoint, ID – Return to Sandpoint via Hwy 41, crossing to the south side of the highway and following Old Priest River Rd to Dufort Rd which intersects Hwy 95 – 9 miles south of Sandpoint. There is a paved bike path starting in Sagle all the way into Sandpoint.

Optional 9-Day tour:

Day 3- Skip Creston and instead travel north of Creston and stay in Boswell, BC at Bayshore Resort and Campground: <http://www.selkirkloop.org/index.php/travel/cities/british-columbia/boswell/bayshore-resort.html>

Stop for groceries at Destinay Bay. Bayshore has a restaurant.

Day 4- Skip Crawford Bay and proceed to Kaslo, BC.

Bonnars Ferry to Boswell would then be your longest day – 60 mi. Note that the highway between Creston, BC and the ferry north of Crawford Bay undulates constantly. Many cyclists find this to be a tiring stretch.