

INTERNATIONAL SELKIRK LOOP – 10 DAY -CYCLING TOUR

Includes main Loop route plus the spectacular “North Kootenay Lake-Silvery Slocan” Super Side Trip. 400 miles.

Itinerary with Camping (all have showers) –

Day 1 – Arrive Sandpoint ID. Meandering Moose Motel is cyclist friendly, affordable and a good place to start and end your ride. They are agreeable to keep your car while on tour and will also receive your bike and store your box if you ship.

<http://www.selkirkloop.org/index.php/travel/cities/idaho/sandpoint/meandering-moose-motel.html>

Sports Plus (one block away) is a good bike shop – you will also be able to ship your bike to this shop. One block from Meandering Moose Motel:

<http://www.selkirkloop.org/index.php/travel/cities/idaho/sports-plus.html>

Day 2 – Bonners Ferry, ID. Carriage House Inn & RV Park – 208-267-7915. Safeway Store directly across the highway. Main, historic downtown is 2 miles north.

Day 3 – Creston, BC. Scotties RV Park has a quiet grassy area for cyclists. Directly across from Columbia Brewery! Take a tour and get a free beer.

<http://www.selkirkloop.org/index.php/travel/cities/british-columbia/creston/scottie%27s-rv-park-and-campground.html>

Day 4- Crawford Bay, BC Kokanee Chalets and RV Park – just a half mile from the “Artisans of Crawford Bay” a fun place to explore and watch artisans make their wares.

<http://www.selkirkloop.org/index.php/travel/cities/british-columbia/crawford-bay/kokanee-chalets-cabins-rv-park-and-campground.html>

Day 5- Kaslo, BC – Kaslo Municipal Campground – a beautiful setting right at the edge of town. Contact Trish Bennett at kaslocampground@yahoo.ca and by phone at (250) 353-2662. Take a tour of the SS Moyie, a restored paddle wheeler. You will pass Ainsworth Hot Springs on the way to Kaslo. Worth a stop and soak.

Day 6- New Denver, BC- Municipal Campground in Centennial Park – along Slocan lake. Interesting tour of Nikkei Internment Centre nearby. Take Galina Bike trail into town from Sandon turnoff. 250 358-2316

Day 7- Nelson, BC – Municipal Campground blocks from downtown. Coin-op washer/dryers, covered picnic area with sink area and plug ins. 250 352-7618

There are also two excellent hostels in downtown Nelson if you want a roof over your head.

Dancing Bear Inn: <http://www.selkirkloop.org/index.php/travel/cities/british-columbia/nelson/dancing-bear-inn.html>

The Whitehouse Lodge: <http://www.selkirkloop.org/index.php/travel/cities/british-columbia/nelson/the-white-house-backpackers-lodge.html>

Day 8- Metaline or Ione, WA- Two exceptional cyclists campgrounds. Ione is 9 miles further. Metaline – Mt. Linton RV & Campground:

<http://www.selkirkloop.org/index.php/travel/cities/washington/metaline/mt.-linton-rv-and-trailer-park.html> Café across the street – groceries 3 miles back in Metaline Falls

Ione – Cedar Park RV & Campground:

<http://www.selkirkloop.org/index.php/travel/cities/washington/ione/cedar-rv-park-and-cedar-chest-gift-shop.html> Groceries 2 blocks away.

Day 9- Newport, WA – K/M Resorts-Old American Kampground- walk to downtown, Safeway across the highway. <http://www.selkirkloop.org/index.php/travel/cities/washington/newport/k-%10-m-resorts-old-american-kampground.html>

Day 10- Sandpoint, ID – Return to Sandpoint via Hwy 41, crossing to the south side of the highway and following Old Priest River Rd to Dufort Rd which intersects Hwy 95 – 9 miles south of Sandpoint.

Optional 9-Day tour:

Day 3- Skip Creston and instead travel north of Creston and stay in Boswell, BC at Bayshore Resort and Campground: <http://www.selkirkloop.org/index.php/travel/cities/british-columbia/boswell/bayshore-resort.html>

Stop for groceries at Destinay Bay. Bayshore has a restaurant.

Day 4- Skip Crawford Bay and proceed to Kaslo, BC.

Bonnars Ferry to Boswell would then be your longest day – 60 mi. Note that the highway between Creston, BC and the ferry north of Crawford Bay undulates constantly. Many cyclists find this to be a tiring stretch.